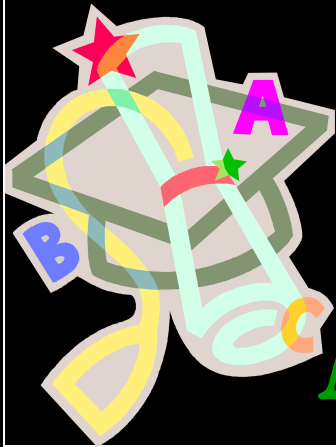


Guajome Park Academy Class of 2010

**GUIDE TO
SENIOR**

ACADEMIC SUCCESS



GPA Graduation Requirements

- 230 units
- Subject area and class requirements
- Minimum 2.0 grade point average
- CAHSEE
- Personal Project (10th grade)
- Senior Project
- Senior Defense
- Community service hours



NAME _____
Last First

POST-GRADUATION PLANS, CLASS OF 2010

DIRECTIONS: Please use black or blue ink and complete this form as fully as possible.

A. Probable Activity Following Graduation (check one)

- 2-Year College (AA)
- 2-Year College (AA) and Transfer
- 4-Year College
- Military Service
- Vocational Training
- Work
- Other (please explain)

C. Type of 4-Year College Which Interest You

- CSU
- UC
- Private College/University in California
- Out of State Public College/University
- OS Private College/University

Specific Colleges/Universities/Campuses in which you are planning to apply to:

B. College Tests Planned or Taken

Test	Date Taken/Planned
SAT	_____
SAT II	_____
ACT	_____

D. Academic History

GPA 10-12 _____
Highest Math Class _____
Highest Foreign Language Class _____



College Entrance Exam Dates



SAT I (Reasoning) and SAT II (Subjects)

www.collegeboard.com

October 10, 2009

November 7, 2009

December 5, 2009

ACT www.actstudent.org

October 24, 2009

December 12, 2009

Application Dates

- *UC Application Dates:*

Apply Between November 1st-30th
to enroll Fall 2010 Quarter/Semester

(applications online October 1st)



www.universityofcalifornia.edu/students/

Application Dates

- *CSU Application Dates:*

Apply October 1st-November 30 to
enroll Fall 2010 Quarter/Semester



www.csumentor.com

Application Dates

- *Private Schools,
Technical/Vocational Schools,
and Community College:*



Application deadlines will vary...check with individual schools

Still Unsure???



- **College Admissions Presentations:** varies
 - Visit the Guidance Department and Guidance Page often to sign up (as new visits will be scheduled on a daily basis)
- **North County College Fair @ Carlsbad HS, Wednesday, October 7, 2009 5-7pm**
- **ASVAB: November 3, 2009**
 - Military Entrance requirement (but do not need to release scores to military if you do not want to)
 - Free Career Interest Inventory for grades 10-12, permission slip required
- **Palomar and Mira Costa College Concurrent Enrollment** (earn high school and college credit)...see your counselor for the forms
 - Palomar: 8th grade, Mira Costa: 10th grade
 - Free Tuition at Palomar
- **Scholarship Applications** (free \$\$\$) available in the Counseling Department and at www.guajome.net (Guidance Link)

■ www.collegetoolkit.com

- “Careers” link to get to Career Interest Profiler

How to Pay for School

- Apply for Scholarships (see Guidance Link)
- File the FAFSA Form in January
- File the Cal-Grant form
- Apply directly at college financial aid office
- Check websites for local area high schools
- www.fastweb.com





Senior Year Stress

■ *Causes of stress*

- School
- Fear of failing
- Conditions at home
- Parents separated or divorced
- Poor nutrition
- Peer pressure
- Drug or alcohol problems
- Too many decisions to make
- Worried about the future
- Relationship problems
- Other stressors...

■ *Ways to deal with it*

- Talk with someone who cares
- Exercise
- Hobbies
- Learn to say “no”
- Relaxation techniques
- Journaling
- Listening to music
- Other ways...





WHERE TO GET HELP



- Your Agenda
- Counseling Department
- Teachers
- Academic Support Programs:
 - tutoring
- Peer Leaders
- Family
- Library
- Internet
- Community Resources



■ IMPORTANT REMINDERS:



- SENIOR YEAR GRADES MATTER!
- DEADLINES ARE ABSOLUTE!!!
- APPLICATIONS FOR FOUR-YEAR COLLEGES DUE PRIOR TO THANKSGIVING BREAK
- NO UPGRADES IN COLLEGE, NOW IS THE TIME TO START PREPARING
- FAFSA SHOULD BE DONE REGARDLESS OF WHAT SCHOOL YOU PLAN ON ATTENDING

Q & A and Coming Attractions (cont'd):

- Class of 2010 College Workshops Begin September 17th (and the following Thursdays during Advisory)
- Academy of Art Admissions Presentation Wed, Sept 16th 12:30pm
- University of Redlands Admissions Presentation Monday, Sept 28th 11am
- Western New England College Admissions Presentation Wed, Sept 30th 12:30pm
- October/November visits: University of Puget Sound, Whittier College, UCSD, St. Mary's College, George Washington University, Seattle University, Culinary Institute of America

Additional college, technical school, and career presentations will be scheduled throughout the semester...be sure to stop by the Guidance Dept and check the website weekly to check for sign-ups

Have a GREAT Senior Year!!!

