

Guajome Park Academy: an International Baccalaureate School

◦ Creativity, action, service (CAS)

What is CAS?

- a core requirement of the IB Diploma Program. IB diploma candidates must complete CAS to earn their diploma.
- students participate in activities that enhance their personal and interpersonal development through experiential learning.
 - Creativity: arts and other experiences that involve creative thinking
 - Action: physical exertion contributing to a healthy lifestyle
 - Service: an unpaid and voluntary exchange that has a learning benefit for the student.

What is CAS? (continued)

- real, purposeful activities with significant outcomes
- personal challenges – task must extend the student and be achievable in scope
- thoughtful consideration, such as planning, reviewing the progress, reporting
- reflection on outcomes and personal learning.

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- All proposed CAS activities must meet the criteria above.
 - Students need to document their activities and provide evidence that they have achieved the eight key learning outcomes.



Learning Outcomes

As a result of their CAS experience, there must be evidence that students have:

- increased their awareness of their own strengths and areas of growth
- undertaken new challenges
- planned and initiated activities
- worked collaboratively with others
- shown perseverance and commitment in their activities
- engaged with issues of global importance
- considered the ethical implications of their actions
- developed new skills

Learning Outcomes (continued)

- All learning outcomes must be present for a student to complete the CAS requirement. Some may be demonstrated many times, in a variety of activities, but completion requires only that there is *some* evidence for every outcome.
- The guideline for the minimum amount of CAS activity is approximately 150 hours in total, with a reasonable balance between creativity, action, and service.

Responsibilities of the Student

Students are required to:

- self-review at the beginning of their CAS experience and set personal goals for what they hope to achieve through their CAS program.
- plan, do and reflect (plan activities, carry them out and reflect on what they have learned)
- undertake at least one interim review and a final review with the CAS advisor
- take part in a range of activities and achievements
- show evidence of achievement of the eight CAS learning outcomes.



Experiential Learning

Refer to page 5 in CAS guide (May 2011).

CAS Plan of Action

- Step 1: Plan
 - CAS Planning Worksheet
- Step 2: Act, Observe, Reflect
 - documentation of CAS activities and reflection on experiences
 - journal or weblog
- Step 3: Activity Reflection
 - CAS Activity Reflection

CAS Plan of Action (continued)

- Step 4: CAS Meetings (individual & group)
- Step 5: CAS Portfolio
 - Due: April, 2011
 - Students must include their CAS Activity Worksheets, journal/weblog entries, and CAS Activity Reflections forms in their portfolio. In addition, students may also include photos, videos/DVDs or other evidence to support their CAS experience.
 - Students may be required to present their portfolio to the CAS Coordinator.

Information on CAS activities

- Review pages 8 & 9 in the CAS guide (May 2011).

◦ Questions?